



December: Grit/Perseverance

Grit | *Noun*

COURAGE, bravery, pluck, mettle, backbone, spirit, strength of character, strength of will, moral fiber, steel, nerve, fortitude, toughness, hardiness, resolve, resolution, determination, tenacity, perseverance, endurance; informal: guts, spunk.

The Dimensions of GRIT™



G

"Growth is about how likely we are to go seek fresh ideas, perspectives inputs, and ideas to help you succeed at that thing."

2/24/2017



R

"Resilience is about bouncing back from adversity and being able to use adversity."



I

Instinct is about going about after our goals the best way, not the hardest way.



T

Tenacity is that perseverance, persistence, never say die never say quit dimension of grit.

Created by Laroya Hardman Lewis

4

Perseverance

"I persist toward my goals despite obstacles, discouragements, or disappointments."

Perseverance is sticking with things. It means being hardworking and finishing what is started, despite barriers and obstacles that arise. Perseverance involves the voluntary continuation of a goal-directed action despite the presence of challenges, difficulties, and discouragement. Perseverance requires both effort for a task and duration to keep the task up.

(adapted from the VIA Institute on Character)

When my work is difficult
I WILL:



- Take a deep breath
- Try a different way of solving the problem
- Ask a classmate
- Try again
- Ask a teacher for help
- Ask my teacher if I can take a short break
- Look back at my notes
- Tell myself I can do it!
- Try my best



I WILL NOT GIVE UP!

PERSEVERANCE



I CAN do it,
if I put my
mind to it!



FAMOUS FAILURES

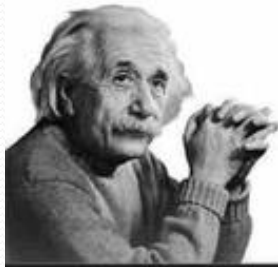


STEVE JOBS

At 30-years-old he was left devastated and depressed after being unceremoniously removed from the company he started.

WALT DISNEY

Fired from a newspaper for "lacking imagination" and "having no original ideas."



ALBERT EINSTEIN

He wasn't able to speak until he was almost 4-years-old and his teachers said he would "never amount to much."

OPRAH WINFREY

Was demoted from her job as a news anchor because she "wasn't fit for television."



MICHAEL JORDAN

After being cut from his high school basketball team, he went home, locked himself in his room, and cried.

THE BEATLES

Rejected by Decca Recording Studios, who said "We don't like their sound - they have no future in show business."



@MINDSETOFGREATNESS x @FOUNDRMAGAZINE

**IF YOU'VE NEVER FAILED,
YOU'VE NEVER TRIED ANYTHING NEW.**

Wisdom for Your Walls

"Do not judge me by my successes, judge me by how many times I fell down and got back up again."

Nelson Mandela



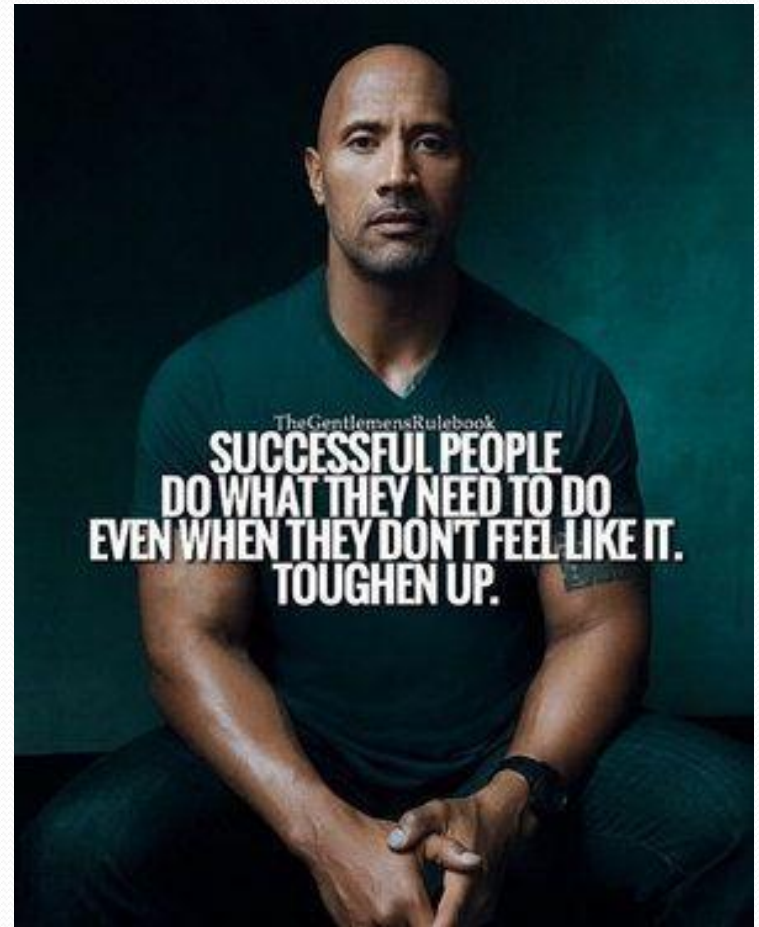
"Our greatest glory is not in never failing, but in rising up every time we fail."

-Ralph Waldo Emerson

Wisdom for Your Walls



"Why do we fall Bruce?
So we can learn to
pick ourselves back up."
- Batman Begins



Grit/ Perseverance Videos



Grit/ Perseverance Texts

Oh, The Places You'll Go!
by Dr. Seuss

The Hugging Tree
by Jill Neimark

A Chair for My Mother
by Vern B. Williams

Sheila Rae, the Brave
by Kevin Henkes

Chrysanthemum
by Kevin Henkes

The Name Jar
by Yangsook Choi

The Short Tree and The Bird That
Could Not Sing
by Dennis Foon

The Name of the Tree: A Bantu Tale
by Celia Barker

The Empty Pot
by Demi

Princesses Are Not Perfect
by Kate Lum

Grit/ Perseverance Texts

